

TEAM TRAINING

Bring your team down to Ultimate Sports to practice using our staff and equipment!

Our facility has 5 batting cages with 4 virtual pitching machines and 1 iron mike machine. The virtual machines can simulate almost any pitcher that you are likely to face. It can throw a 90 MPH fastball, followed by a 75 MPH curve, followed by a change-up, followed by a slider. And it can do it all automatically with only seven seconds between pitches. These machines provide the greatest stimulus for improvement, the ability to train against "live" pitching.





Your team practice will include:

- 1 or 2 hour practice
- 1 instructor
- 2 virtual machines
- Full usage of the universal arena (Allows for hitting, fielding, speed & agility, etc)

Cost: \$125 for 1 hour / \$200 for 2 hours

Call To Schedule Your Practice TODAY!

203-265-1961

120 Church Street, Yalesville, CT 06492 www.ultimatesportsandtraining.com