

Fall/Winter 2019/20

End Dates for Overall and Hitting Clinic

Mon Nights: Feb 24

Weds Night: March 4

Fri Night: Feb 28

Sat and Tues - Ganellis Ages 10-12 Tues 5-6 P.M & Sat 9-10 A.M - March 7th - Sat and March 9th Tues

Sat and Thurs - Gianellis Ages 7-9 Thurs 5-6 P.M & Sat8-9 A.M - March 5th - Thurs and March 7th Sat

End Dates Team Training

Thurs Reds 10 U – March 6

Weds Reds 11 U – March 11

Tuesday – Demaria – March 10

<u>Programs</u>	<u>Age</u>	<u>Time</u>	<u>Day</u>	<u>Cost</u>	<u>Dates</u>
Pitching Clinic Baseball	10-12	6-7 P.M	Thurs	\$85	Feb 6,13,20,27 (4 Weeks)

<https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2630711>

4 Week Clinic – Starts in Feb

4 Weeks Overall Clinic: (Every Year we sell out)

This clinic is an overall clinic that will focus on fielding, throwing, catching, hitting, bat speed, base running, sliding, speed & agility, and conditioning. There will be a maximum of 30 kids per class. Sessions will be offered on Mondays and Fridays. 1 to 6 ratio with Instructors

Format:

Circuit Training(Station Work) , Bat Speed / BBS , Fielding, Pitching, Live Hitting (Virtual Machine), Throwing Speed ,Cutoffs / Outfield, All Aspects of the Game (

Mon Starts Feb 3, Friday Starts Feb 7) Cost \$100 for 4 weeks

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Spots Left</u>	<u>Link</u>
5-6	Fri	4-5 P.M	4 of 10	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492589
7-8 &9-10	Mon	5-6 P.M.	22 of 22	Sold Out
7-8	Fri	5-6 P.M	20 of 20	Sold Out
9-10	Fri	6-7 P.M.	18 of 20	Sold Out
11-12	Fri	7-8 P.M	11 of 20	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492607

4 Week Hitting School (Every Year we sell out)

(Mon Starts Feb 3, Weds Feb 12)

This clinic specifically works on hitting mechanics and bat speed. There will be a maximum of 20 kids per class. Sessions will be offered on Mondays and Wednesdays. 1 to 6 ratio with Instructors. We will be using the Virtual Machine for Live hitting as well. Cost \$100 for 4 weeks

Format:

Proper Mechanics, BBS / Bat Speed, Live Hitting – All Different Pitches and Speed, Mental Approach, Situational Hitting

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Spots Left</u>	<u>Link</u>
8-10	Mon	6-7 P.M.	11 of 15	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492612
11-12	Mon	7-8 P.M	Sold Out	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492614
9- 12	Weds	7-8 P.M.	13 of 15	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492616
13-16	Weds	8-9 P.M	12 of 15	https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2492615

Birthday Parties

Come to the Ultimate Sports & Party Center to celebrate your next birthday! We guarantee that it will be the ultimate party experience and will put a smile on everyone who attends. Where else can you go and play sports of your choice in a full size arena and have your own private party room? All Party Rooms are themed Yankees, Redsox & Mets.

STANDARD PACKAGE

Max # of participants up to 20
Length: 1 hour & 45 mins
1 hour in the arena, pick the sports of your choice
choice
(Organized by ultimate staff members)
45 Mins in 1 of our 3 themed part rooms.
Design your party/theme using your own party supplies.
(We supply tables, Chairs, tablecloths, freezer and refrigerator)
refrigerator)
Cost: \$225 Requires deposit of \$100 for scheduling

Note: Invitations included!! Pick up only

ULTIMATE PACKAGE

Max # of participants up to 20
Length: 2 hours & 45 mins
2 hours in the arena, pick the sports of your
choice
(Organized by ultimate staff members)
45 Mins in 1 of our 3 themed part rooms.
Design your party/theme using your own party supplies.
(We supply tables, Chairs, tablecloths, freezer and
refrigerator)
Cost: \$325 Requires deposit of \$150 for scheduling

SPORTS OPTIONS OFFERED

Kickball, Dodgeball, Wiffleball, Mini football, Floor hockey, Soccer

OPTIONAL ADD-ONS

Glow in the Dark Special: For an additional \$25 you can play glow in the dark sports (Only available for kickball, dodgeball and wiffleball – for Ages 9 & older)

Standard Arcade Special: For an additional \$25 you will receive 120 quarters for the kids to play arcade games (&Spin Wheel) after they are eating in the party rooms

Ultimate Arcade Special: For an additional \$50 you will receive 260 quarters for the kids to play arcade games (&Spin Wheel) after they are eating in the party rooms

Bonus: When you purchase the arcade special, each child will get a chance to spin the wheel for a prize. Prize consists of Money, T-Shirts, Candy, Spinner, etc...

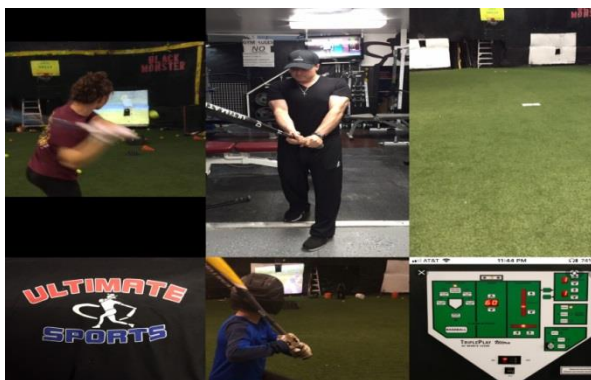
Lessons Specials !!!!

We are doing a 10 (30 Min Lesson Package) with Paul Cambra and The Virtual Machine.

I have been doing lessons for over 30 years. My philosophy in hitting; is what works best for the clients. They are so many different types of hitting. Look at the MLB. My goal is to make sure the client is comfortable with the swing and most importantly gets results.

I believe that you need to have a true strong foundations with mechanics. To get the proper mechanics, you need to do, Dry Swing, T-Work, Soft-toss, front toss, Coach BP. After you have master that, you must get true live hitting. I have seen too many players, look great in BP and struggle in the game. This is all because their timing is off. If you don't get the timing down, you will not be successful. Be productive with your training. The lesson package will be with Paul Cambra, who will do videotaping, exit Velocity and The Virtual Machine. The virtual machine is the best training tool on the market. It is able to throw from 40 -95 mph with all different pitches. In order to be game ready, you must train game ready. I take this very seriously and my schedule proves it. Don't get fooled this off-season, be productive with your training.

link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2616762>



12 Week Pitching lesson Program with Dillon Ryan:

This program will be designed for pitchers at all ages. It will be customized and Age specific. The lesson will be for 12 visit on days that work with you and Dillon. It will be 30 mins for each lesson. The lessons will increase Arm Strength, Durability, Velocity, Mechanics and approach.

Link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=2597234>

After you sign up , we will send you his schedule. Dillon is here Tues,weds, thurs between 6-9 P.M: Dillon Quick Bio: Former pro pitcher in Arizona Diamondbacks organization: Former Division 1 - Umass Lowell

203-265-1961 Ultimate Sports – 120 Church St – Yalesville CT 06492 – 203-265-1961